

Tobias Brügger
The Christian Body
at Work


Spirituality, Embodiment,
and Christian Living

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*For God, who said "Let light shine out of darkness,"
is the one who shined in our hearts to give us
the light of the glorious knowledge of God in the face of Christ.*

*But we have this treasure in clay jars,
so that the extraordinary power belongs to*

God and does not come from us.

*We are experiencing trouble on every side,
but are not crushed; we are perplexed,*

but not driven to despair;

we are persecuted, but not abandoned;

we are knocked down, but not destroyed,

always carrying around in our body the death of Jesus,

so that the life of Jesus may also be made visible in our body.

For we who are alive are constantly being handed over to death for Jesus' sake,

so that the life of Jesus may also be made visible in our mortal body.

As a result, death is at work in us, but life is at work in you.

Second Corinthians 4:6–12

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Contents

Acknowledgments	7
Figures	13
1 Researching Christianity at work	17
1.1 The study of Christians at work: Research question and objectives	18
1.2 Target discourses: management studies and theology	23
1.3 Empirical data and method	29
1.4 Research approach: Christian embodiment	35
1.5 Structure: Approaching the Christian body at work	42
2 Introducing contemporary research on faith, spirituality, and religion in work contexts	47
2.1 Fsw in theoretical contexts	48
2.1.1 Naming of the field and key issues raised	48
2.1.2 Fsw in academic disciplines and discourses	50
2.1.3 Fsw and influential thinkers	52
2.1.4 Methodological contexts of fsw	54
2.2 Definitions of fsw	56
2.2.1 Definitions in empirically oriented fsw research	57
2.2.2 Criticism of the definition project	60
2.2.3 The ‘conceptual convergence’ approach	62
2.2.4 Spirituality, religion, or faith at work?	66
2.2.5 Current state of fsw definitions and the study of Christians at work	70
3 Theoretical contours of contemporary fsw research	75
3.1 Theorizing spiritual practice in work contexts	75
3.1.1 Spiritual practices and workplace spirituality	76
3.1.2 Work as spiritual practice	78
3.2 Fsw levels of analysis	80
3.2.1 Organizational-level fsw	80
3.2.2 Individual fsw	82
3.2.3 Interrelationship between the individual, organizational, and extra-organizational levels	88
3.3 Fsw and selected work-related concepts	90

3.3.1	Fsw and leadership	91
3.3.2	Fsw and management/management education	93
3.3.3	Fsw and entrepreneurship	98
3.4	Assessing fsw	101
3.4.1	Outcomes of fsw	101
3.4.2	Justification, ethics, and critique of fsw	107
3.5	Conclusions and outlook	113
3.5.1	The terms faith, spirituality, and religion in fsw theory	115
3.5.2	Work-related concepts in fsw theory	116
3.5.3	Fsw theory and the study of Christians at work	119
4	Fsw research and the study of Christians at work	121
4.1	Fsw and tradition	122
4.1.1	The contested role of tradition in fsw research	123
4.1.2	How traditions influence fsw research	130
4.1.3	How traditions are studied in fsw	133
4.1.4	Christian tradition(s) at work	135
4.2	The relationship between Christians and tradition	143
4.2.1	The Christian location of individuals	143
4.2.2	Tradition in Christian perspective	148
4.3	Christian spirituality at work	159
4.3.1	Vivian Ligo's Christian spirituality of work	160
4.3.2	André Delbecq on the Christian manager's spiritual journey	164
4.3.3	Inese Radzins on the spiritual nature of work in the thinking of Simone Weil	169
4.3.4	Christopher Mabey on 'Jesus-centered ethical leadership'	171
4.3.5	Synthesis: Embodied Christian spirituality at work	172
4.4	Conclusion	173
5	Theology and the study of Christians at work	177
5.1	The question of a theological neglect of contemporary work contexts	179
5.2	Theological 'entry concepts' to the workplace	185
5.3	Theological ethical approaches to the workplace	190
5.3.1	Friedrich Wilhelm Graf on the role of Christianity in the process of globalization	191
5.3.2	Martin Honecker on being a Christian at work	193
5.3.3	Traugott Jähnichen on Protestant economic ethics	196

5.3.4	Nils Ole Oermann's Protestant approach to economic and business ethics	198
5.3.5	Arthur Rich's economic ethics from a theological perspective	203
5.3.6	Theological ethics and the study of Christians at work	205
5.4	Theologies of work, business, and the corporation	215
5.4.1	Jeremy Posadas on a critical Christian theology of work	215
5.4.2	Denise Daniels on the theology of business, management, and work	220
5.4.3	Michael Black on practical corporate theology and on the theology of the corporation	226
5.5	Theology and the study of Christians at work	232
6	The formation of the Christian body at work	241
6.1	Framing Christian existence at work	242
6.1.1	Mapping the framing practices of Christian managers in Switzerland	242
6.1.2	Pierre Bourdieu's habitus and the existential meaning of the label 'Christian'	255
6.2	Embodying Christian existence at work	268
6.2.1	Distancing, connecting, and investing	269
6.2.2	Viktor Frankl's meaning in life and the Christian body at work	285
7	Conclusion	293
7.1	Recapitulation	293
7.2	The basic category of 'Christians'	297
7.3	Terminological–conceptual orientations	305
7.3.1	Faith and spirituality	305
7.3.2	Religion	307
7.3.3	Ethics and morality	312
7.3.4	Tradition	314
	Works consulted	317
	Appendix: Themes in fsw overview articles	375

Figures

Figure 1	Recurring themes	64
Figure 2	Overview of topical clusters and overview articles	375

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